

# BlueParrott B450-XT MS

## What are the recommended steps to take after I update the Microsoft Teams app to version 1416/1.0.0.2022372201 (2022372210)?

### Prerequisites

- [BlueParrott Updater](#)

We recommend updating the firmware on your BlueParrott B450-XT MS to version 1.07 for optimal performance with the Microsoft Teams app.

To update the firmware on your headset using BlueParrott Updater, follow these steps.

1. Unpair your headset and delete the BlueParrott device from the Bluetooth menu on all connected devices.
2. Open BlueParrott Updater.
3. Connect your headset to a computer using the USB-C cable. BlueParrott Updater will automatically detect your headset.
4. Click **Update** and follow the onscreen prompts. The firmware update process takes approximately 6 minutes to complete.  
Once you have successfully updated the headset, version 1.07 will appear under the current version in BlueParrott Updater.
5. Disconnect your headset from the USB-C cable and re-pair it with your Bluetooth device.

## Applicable products



BlueParrott B450-XT  
MS