

# BlueParrott B450-XT MS

## How do I reset my BlueParrott headset?

When you reset your headset, the Bluetooth pairing memory will be cleared and the default setting for the Parrott Button will be restored.

To reset, follow these steps.

1. Power on the headset.
2. Press and hold (6 seconds) the **Volume Up** and **Volume Down** button simultaneously until you see the Multi-function button flash red and blue. If you are wearing the headset, 2 beeps will be announced in the headset.
3. The headset has been reset and will automatically enter pairing mode. If you do not wish to re-pair, power off the headset.

### Note

After resetting, you will need to re-pair the headset with your smartphone. Remember to delete the previous pairing before you re-pair.